

**PSHE & RSE Long term plan Fishburn 2022 - 2023**

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Pre School</b>	<b>All about me</b>	<b>All about Autumn</b>	<b>Stories and Songs</b>	<b>Watch them Grow</b>	<b>A Teddy Bears Picnic</b>	<b>Down on the Farm</b>
<b>LGBTQ+ Core Text: You Choose</b>	Settling into pre-school provision Rules and routines for Pre-school Being kind		Friendships and Relationships linked to topics and Development Matters		<b>Elections for School Council</b> Getting ready for Nursery Circle time	
<b>Nursery</b>	<b>All about me and where I live</b>	<b>All about Autumn and woodland creatures</b>	<b>Once upon a time...</b>	<b>Spring has sprung</b>	<b>We're going on a bear hunt!</b>	<b>Oh! I do like to be beside the seaside</b>
<b>LGBTQ+ Core Text: Giraffes can't dance</b>	<p align="center"><b>Settling into nursery provision</b></p> <p>The first half term is spent focusing on all the PSE skills including settling into school routines/ building relationships and confidence with others. The aim is to ensure that children are secure in 22- 36 band and begin to assess in the 30-50-month age band. Focus in on: • Building relationships with other children • Sharing and turn taking • Interacting/ playing with others • Separating from parents/ carers • Helping them to distract themselves when/ if they are upset • Building confidence with children/ staff • Discussion of right/ wrong/ rules in school / behaviour for learning</p>				<b>Elections for School Council</b> Getting ready for Reception Circle time	
<b>Reception</b>	<b>All about me and how I have grown</b>	<b>Spells and Sparkles</b>	<b>Out of this world</b>	<b>Growing Green and Natural Habitats</b>	<b>Superheroes</b>	<b>A Pirates life for me</b>
<b>LGBTQ+ Core Text: The Boy, The Mole, The Fox and The Horse</b>	Relationships & Friendships Dress/ Undress The Rule of Law: Follow Rules Awareness of own and others needs Mutual respect: Respect cultures Treat people with respect Expect respect from others Right & Wrong / Respect for law How do rules help me? Democracy		MUTUAL RESPECT: Motivation to learn Try new activities Select activities Use resources independently Anti-Bullying week & E-safety		<b>Elections for School Council</b> The RULE OF LAW: Right and wrong & consequences of actions -RULES & RESPONSIBILITIES Economic Awareness Project Develop concentration Tolerance & respect for others: Show feelings Democracy -how can I vote?	
<b>Year 1 &amp; Year 2</b>	<b>Me and my journey to school</b>	<b>Growing and changing</b>	<b>Great Fire of London</b>	<b>Belonging and Being different - Rosa Parks</b>	<b>A trip to the coast</b>	<b>Toys through time</b>
<b>LGBTQ+ Core Text: Aargh! Spider</b>	<b>Growing up</b>  Our bodies Is it ok?	<b>It's My Body</b>  My Body, My Business Active and asleep	<b>Be Yourself</b>  Marvellous Me Feelings	<b>Whole school PSHE topic focus</b>  <b>Digital Wellbeing</b>	<b>Aiming High</b>  Star qualities Positive learners	<b>Elections for School Council</b>  <b>Diverse Britain</b>

	<p>Pink and Blue Your family, My family Getting older Changes</p>	<p>Happy, Healthy Food Clean as a whistle Can I eat it? I can choose</p>	<p>Things I like Uncomfortable feelings Changes Speak up!</p>	<p>The Internet and me Online and offline Staying safe online Personal information Communicating online True or false?</p>	<p>Bright futures Jobs for all Going for goals Looking forward</p>	<p>My School My community My Neighbourhood My country British People What makes me proud of Britain?</p>
Year 3	Rivers and Mountains	Industrial Revolution	Stone Age to Iron Age	Belonging and Being different - Florence Nightingale	Scott of Antarctica	Ancient Egypt
<p>LGBTQ+ Core Text: The Whisperer</p>	<p><b>Growing Up</b> <b>Letters to parents must be sent out before these topics are taught</b></p> <p><b>Human Reproduction (Parents and carers can choose to withdraw their child from this lesson as it covers non-statutory sex ed objectives)</b></p> <p>Changes in boys Changes in girls Changing emotions Relationships and families Where do I come from? (Parents and carers can choose to withdraw their</p>	<p><b>It's my Body</b></p> <p>My body, my choice Fit as a fiddle Good night, Good day Cough, Splutter, Sneeze Drugs: Healing or Harmful Choices everywhere</p>	<p><b>Be Yourself</b></p> <p>Pride Feelings Express yourself Know your mind Media- wise Making it right</p>	<p><b>Whole school PSHE topic focus</b></p> <p><b>Digital Wellbeing</b></p> <p>The digital world Digital kindness Do I know you? Online information Keep it private My digital wellness</p>	<p><b>Aiming High</b></p> <p>Achievements Goals Always learning Jobs and skills No limit! When I grow up</p>	<p><b>Elections for School Council</b></p> <p><b>Diverse Britain</b></p> <p>Living in the British Isles Democracy Rules, Laws and responsibilities Liberty Tolerance and respect What does it mean to be British?</p>

	<b>child from this lesson as it covers non-statutory sex ed objectives)</b>					
<b>Year 4 &amp; Year 5</b>	<b>Fishburn's past</b>	<b>Ancient Egypt</b>	<b>Ancient Greece</b>	<b>Belonging and Being different – Grace Darling</b>	<b>Saxons, Vikings and Romans</b>	<b>Rainforest of the world</b>
<b>LGBTQ+ Core Text: King and King</b>	<b>Safety First</b> New responsibilities Risks hazards and dangers Under pressure Safety when out and about Dangerous Substances Injuries and emergencies	<b>Think Positive</b> Happy minds, Happy people Thoughts and feelings Changes Keep calm and relax You're the boss Always learning	<b>TEAM</b> A new start Together everyone achieves more Working together Being considerate When things go wrong Responsibilities	<b>Whole school PSHE topic focus</b> <b>VIPs</b> Family and friends Fabulous friends Is this a good relationship? Falling out What is bullying? Stand up to bullying	<b>Money Matters</b> Where does money come from? Ways to pay Reasons to borrow Spending decisions Advertising Keeping track	<b>Elections for School Council</b> <b>One World</b> Chiwa and Kwende Chiwas dilemma part 1 Chiwas dilemma part 2 Chiwas sugar Chiwas world Charity for Chiwa
<b>Year 5 &amp; 6</b>	<b>Battle of Hastings</b>	<b>Earth and Space - Cosmic</b>	<b>Earth and Space - Cosmic</b>	<b>Belonging and Being Different – Martin Luther</b>	<b>Mayans</b>	<b>Victorians</b>
<b>LGBTQ+ Core Text: She's my dad!</b>	<b>Safety First</b> You are responsible What are the risks? Making your mind up In an emergency Home – safe and sound Outdoors – playing is safe	<b>Think positive</b> The Cognitive Triangle Thoughts are not facts Face your feelings Choices and Consequences Being present <b>Yes I can</b>	<b>Team</b> Together everyone achieves more Communicate Compromise and collaborate Care Unkind behaviour Shared Responsibilities	<b>Whole school PSHE topic focus</b> <b>VIPs</b> People we love Think before you act Its ok to disagree You decide Secrets False Friends	<b>Money Matters</b> Look after it! Critical consumers Value for money and ethical spending Budgeting Borrowing and saving Money in the wider world	<b>Elections for School Council</b> <b>One World</b> Global Citizens Global Warming Energy Water Biodiversity In our Hands